

OVERALL 10K RESULTS
2011 10 for 10 10K Run/Walk
Mount Airy, NC 01/15/2011 8:00 am Sunny, 25 degrees.
Directed by: Teresa Smith & Mandy Fleming
Sponsored by: ProHealth

Place	No.	C	NAME	Ag	S	TENK	Pace
=====	=====	=	=====	==	=	=====	=====
1.	072	3	Andy Hull	35	M	43:36	7:01
2.	068	3	Joey Slate	44	M	43:42	7:02
3.	062	3	Kevin Badgett	38	M	45:39	7:21
4.	058	3	Jarred Beverly	19	M	45:55	7:24
5.	005	3	Brian Mauldin	46	M	46:18	7:27
6.	008	3	Sam Nichols	39	M	46:46	7:32
7.	049	3	Chastiny Sizemore	33	F	47:10	7:36
8.	042	3	Hector Hernandez	34	M	48:43	7:51
9.	035	3	Josh Nixon	37	M	49:40	8:00
10.	079	3	India Lambert	32	F	50:35	8:09
11.	041	3	Kevin Wright	26	M	51:00	8:13
12.	038	3	Clarence Cropps	59	M	51:16	8:15
13.	066	3	Joey Martin	45	M	51:43	8:20
14.	015	3	Benny Lisk	48	M	52:23	8:26
15.	061	3	Todd Edwards	42	M	52:29	8:27
16.	064	3	Rebecca Adcock	30	F	52:33	8:28
17.	070	3	Nicole Howe	35	F	52:35	8:28
18.	052	3	David Horton	48	M	52:46	8:30
19.	077	3	Justin Collins	36	M	53:09	8:34
20.	073	3	Ron Harold	49	M	54:28	8:46
21.	081	3	Melissa Lawrence	21	F	55:04	8:52
22.	065	3	Tom Parrish	54	M	55:25	8:55
23.	076	3	Katlin Sias	15	M	55:27	8:56
24.	046	3	Greg Gwynn	50	M	56:05	9:02
25.	040	3	David Moore	34	M	56:22	9:05
26.	063	3	Daniel Wachov	40	M	56:30	9:06
27.	037	3	Marty Hiatt	53	M	56:32	9:06
28.	047	3	David Surratt	67	M	58:16	9:23
29.	067	3	Debbie Gwynn	48	F	59:15	9:33
30.	023	3	Jennifer Watson	27	F	59:17	9:33
31.	051	3	Robin Horton	44	F	1:00:36	9:46
32.	009	3	Rachelle Lawery	26	F	1:03:11	10:11
33.	022	3	Donna Edwards	37	F	1:03:18	10:12
34.	053	3	Kristin Maynard	24	F	1:04:35	10:24
35.	050	3	Erin Stanley	33	F	1:04:45	10:26
36.	045	3	Bruce Corregan	69	M	1:05:16	10:31
37.	036	3	Dwight Blizzard	50	M	1:05:17	10:31
38.	074	3	Angie Boyd	37	F	1:12:10	11:37
39.	010	3	Bob Josey	73	M	1:12:55	11:44
40.	075	3	Misty Utt	34	F	1:14:39	12:01
41.	059	3	Samantha Jones	18	F	1:17:04	12:25
42.	002	3	Michael Slate	35	M	1:19:23	12:47
43.	044	3	Joseph Smith	44	M	1:20:02	12:53
44.	080	3	Chuck Johnson	45	M	1:21:42	13:09
45.	039	3	Gayle Jones	43	F	1:21:44	13:10

46.	060	3	Anthony King	63	M	1:25:05	13:42
47.	082	3	Sarah Lawrence	55	F	1:31:00	14:39
48.	078	3	Tammy Blizzard	47	F	1:31:01	14:39
49.	001	3	Misty Slate	32	F	1:39:07	15:58
50.	003	3	Angie Isaacs	37	F	1:39:08	15:58
51.	025	3	Sherry Easterbrooks	64	F	1:42:21	16:29
52.	018	3	Judy Dowell	49	F	1:53:16	18:14
53.	029	3	Tina Collins	48	F	1:53:16	18:14
54.	048	3	Tobi York	38	F	2:14:00	21:34
55.	071	3	Heather Carroll	26	F	2:14:00	21:34